

## **Endometrial Biopsy / Saline Sonohysterogram / Office Hysteroscopy**

### **Pre-Procedural Instructions**

- 1) Take prescription Cytotec 200 mcg tablets as follows: 1 tablet four times daily with meals starting 3 days / 7 days before the procedure(s). In addition, take 2 tablets on the morning of the procedure and an additional 2 tablets two hours before the procedure is scheduled, if the procedure is scheduled in the afternoon.
- 2) Take Ibuprofen (Motrin or Advil) 600 mg (3 of the 200 mg over the counter tablets) one hour before the scheduled procedure(s)
- 3) If you are having predictable menstrual cycles, please try to schedule the procedure(s) between day 3 and 9 of your cycle. (Day 1 is the first day of menstrual bleeding.)
- 4) If you could potentially become pregnant, please abstain from intercourse from the first day of menstrual bleeding until one week after the procedure(s) is/are completed. **It is obviously very important that you not be pregnant at the time that either of these procedures are done.**